



The Rosary

The Rosary is most effective when we meditate on the mysteries. Praying the Rosary is a way of honouring Mary the Mother of God.

The purpose of the Rosary is to help keep in memory certain principal events in the history of our salvation. There are twenty mysteries reflected upon in the Rosary and these are divided into:

The Joyful Mysteries on Monday and Saturday,

Luminous Mysteries on Thursday.

Sorrowful Mysteries on Tuesday and Friday,

Glorious Mysteries on Wednesday and Sunday.

As an exception, the Joyful Mysteries may be said on Sundays during Advent and Christmas, while the Sorrowful Mysteries may be said on the Sundays of Lent.

